

MINUTE TO WIN IT GAME IDEAS

Each event is to be timed for 60 seconds. The first team to finish the challenge gets 5 points, the second 3 pts. and every other team that finishes one point. Those who don't finish do not get a point. These games can be played in teams or with single contestants.

Minute to Win it Games to Play at Home for Kids (or Adults)

Caddy Stack

This is a simple game that will require around 3 golf balls. The contestant has to simply stack up the 3 golf balls on top of each other, and ensure that they stay in place for about 3 seconds.

This Blows

15 paper cups are placed next to each other on a table. The contestant needs to then blow up a balloon and then use the air from the balloon to knock all the cups off the table. The balloon can be refilled as many times as possible.

Bubble Challenge

This task sounds very easy but it is not since it is very hard to blow a bubble that is big enough to do this. Once such a bubble has been formed, the contestant has to blow it from point A to point B, and even through a large ring of some size to make it more challenging.

Toilet Roll

This is one of the most amusing Minute to Win it games to play at home. Two stacks of toilet paper are placed on the ground, and both are an arms distance away from the contestant. He must now use both his arms simultaneously and unwind both the rolls completely.

Dicey

This is a very simple task that will require immaculate balance. The contestant needs to hold out a spoon or a popsicle with one end in his/her mouth. Now 6 dice must be balanced on this by stacking them on top of each other.

Chocolate Unicorn

Stack 7 chocolate ding dongs or snack cakes on their forehead while standing and leaning back. Keep the cakes stacked on their forehead for 3 seconds.

Breakfast Scramble

Assemble the front of a cereal box that has been cut into 16 even pieces.

Baby Rattle

Place several (about 50-100) small gumballs into one empty 2 liter pop bottle. Duck tape another empty pop bottle to the top of the filled bottle. The contestant will have to transport all of the gumballs from one soda bottle to the other in under 60 seconds.

Johnny Apple Stack

Stack 5 apples on top of each other.

Minute to Win it Games to Play at Home for Adults

Go the Distance

Three ping-pong balls need to be put inside an empty glass, using a measuring tape as a ramp. This is not as easy as it sounds, and this is definitely one of the tougher Minute to Win it games around.

Hanky Panky

This game is just as much fun as it sounds. Tissue boxes contain around 160 tissues inside, and the objective of the game is to simply remove all of these within 60 seconds. The catch is that the contestant can only use one hand.

Dizzy Mummy

Unwind a roll of toilet paper to a partner by executing a series of 360 degree spins. If the toilet paper tears, the contestants are out.

Defying Gravity

Tap 3 blown up balloons to keep them off the ground for one minute.

Face the Cookie

Using only the face, move an Oreo cookie from the forehead to the mouth. If the cookie falls to the floor, place it back on the forehead and try again.

Noodling Around

Pick up six penne noodles placed around the perimeter of a table using only a piece of uncooked spaghetti in your mouth.

Ready Spaghetti

Using a shared pasta noodle, contestants must pick up soda cans and construct a 3 can pyramid.

Stack Attack

Player must stack 36 plastic cups into a perfect triangle shaped structure. Once that's completed, player must get the cups back into a single stack.

Wheel of a Deals to Meals

Player must separate 20 playing cards into 5 groups of identical cards, 1 at a time.

Bottoms Up

This amusing game requires the contestant to knock off 6 cups off 6 different tables with a yo-yo. The catch is that the yo-yo is hooked on to the belt of the person at his back, so he must use his body's momentum to swing the yo-yo and do the knocking off.

Kick Off

All you need is a large empty bucket and 3 - 5 empty cans. The contestant has to simply kick the cans into the bucket from a suitable distance.

***Some of the above games and descriptions were taken from www.buzzle.com & www.nbc.com**